How do you split your cholesterol tablet?

Tools known as "tablet splitters" make it easy to split a cholesterol tablet into two equal parts. Pill splitters cost less than $10.00 and can be found at any pharmacy.

Step 1: Place the cholesterol tablet in the tablet splitter.

The ends of the tablet should be snug against the sides of the V-shaped area.

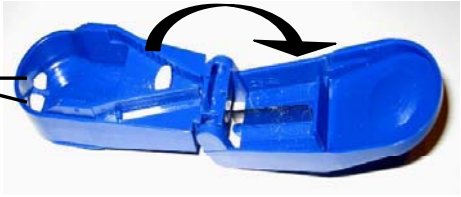
Step 2: Split the tablet.

- With one hand, hold the tablet splitter so it stays steady.
- With the other hand, close the lid with the sharp blade down onto the tablet, pressing firmly. You will hear a small "pop" as the tablet splits into two pieces.
- Be sure to keep your fingers away from the sharp blade.

Step 3: Take the tablet out of the tablet splitter.

- Open the tablet splitter by lifting the lid.
- Remove the tablet that has been split into two pieces.

Two pieces of the split tablet.

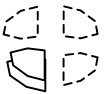


Split, save & share

By splitting your cholesterol tablet, you can save $100 to $400 per year. You get the same strength of medicine. You also help needy patients get more treatment for less money.

Whole tablet

Half of a larger dose tablet, save $245/year*

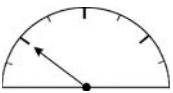


Quarter of a larger dose tablet, save $431/year*

Two independent studies showed that split-tablet dosing was **as safe and effective** as whole-tablet dosing when total cholesterol and LDL cholesterol values were compared.[1,2]

*Annual savings from tablet splitting are based on the average claimed cost per tablet for atorvastatin 10 mg, 20 mg and 40 mg in the British Columbia PharmaNet Database in January - June 2004, and assumes all patients take one tablet per day.

1. Duncan MC et al. Effect of tablet splitting on serum cholesterol concentrations. Ann Pharmacother 2002;36:205-9.
2. Gee M et al. Effects of a tablet-splitting program in patients taking HMG-CoA reductase inhibitors.J Man Care Pharm 2002;8:453-8.



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